

Luther Mem Home FW Wk 4

	9 Sunday	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday	15 Saturday
<b>B r e a k f a s t</b>	Assorted Fruit Juice Oatmeal / Cream of Wheat or Cold Cereal Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Oatmeal / Malt-o-Meal or Cold Cereal Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Oatmeal / Cream of Rice or Cold Cereal Bacon Strip Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Oatmeal / Cream of Wheat or Cold Cereal Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Cream of Wheat or Cold Cereal Buttermilk Pancakes w/ Maple Syrup / Marg or Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Oatmeal / Cream of Rice or Cold Cereal Wheat / White Toast Jelly / Peanut Butter Milk	Assorted Fruit Juice Oatmeal / Malt-o-Meal or Cold Cereal Carmel Roll or Wheat / White Toast Jelly / Peanut Butter Milk
<b>N o n M e a l</b>	Oven Fried Chicken Whipped Potato w/gravy Bread Dressing Prince Edward Vegetable Cranberry Sauce Garnish Assorted Fruit Pie Roll w/ Marg Milk	Meatballs in gravy Whipped Potato w/gravy Cream Corn Pickle spear garnish Banana Cream Pud/topp Wheat Bread / Marg Milk	BBQ / Bun Chicken Dumpling soup Soda Crackers Sweet Pickle garnish Strawberry Yogurt Jello/w/ Milk	Pepper Steak Rice Cabbage Grape Salad Beet Pickle garnish Rhubarb Cake w/topping Wheat Bread / Marg Milk	BBQ Chicken Filet Baked Potato w/sour cream Country Vegetable Berry Parfait Wheat Bread / Marg Milk	Cod Hashbrown Bake Baby Carrots Lemon Wedge Ice Cream Wheat Bread / Marg Milk	Hmd Chili Lettuce salad / dressing Cornbread Sweet Pickle Fruit Cocktail Cake w/top Milk
<b>E v e n M e a l</b>	Pancake Sausage Link Orange slice garnish Pear half - cottage cheese Milk	Hmd Pizza 7 Layered Salad Black Olive garnish grapes Milk	Macaroni & Cheese Green Beans Spiced Apple Ring Ice Cream Novelty Milk	Grilled Cheese Sandwich Hmd Tomato Soup w/cracker Baked Apple Milk	Hamburger on Bun Baked Beans Potato Chips Tomato, onion, pickle Mustard, Ketchup Strawberry Fruit Salad Milk	Hamburger Casserole Mixed Veg Beet pickle garnish Wheat Bread / Marg Mandarin Oranges Milk	Sausage Gravy over biscuits Diced Carrots Spiced Apple Ring garn Peach Half Milk
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Coffee, Decaf Coffee, Tea served with all meals.  
Bread/Milk choice per resident request.